



## Scheda Proposta Progetto

CIP QKJGKY

### Dati proposta

#### Acronimo

AIDA (rev.1)

#### Titolo

Artificial Intelligence, Diet, and Agency: Consumer Behaviour and Firm Strategies in the Transition to AI-Mediated Food Choices

#### Durata in mesi

36

### Descrizione

AIDA (Artificial Intelligence, Diet, and Agency) investigates how AI systems mediate consumer decisions across the food consumer journey and whether this mediation enhances or erodes consumer welfare, dietary quality, and food sustainability. As generative assistants, conversational recommenders, and algorithmic curators become embedded in food search, purchase, cooking, and waste management, they introduce a new layer of influence between consumers and their choices. These systems are designed by firms pursuing commercial objectives that may diverge systematically from consumer welfare, yet rigorous causal evidence on the direction and distribution of their effects is absent. This gap has become a policy emergency: Article 5 of the EU AI Act (Regulation 2024/1689) prohibits manipulative AI practices but lacks an empirical basis for operationalising these prohibitions in food consumer environments; Directive (EU) 2025/1892, sets binding 2030 food-waste-reduction targets without behavioural evidence on AI-enabled interventions; and the Farm-to-Fork Strategy requires measurable dietary progress that cannot be evaluated without knowing whether AI tools support or undermine healthy and sustainable food choices. AIDA addresses this gap through the Welfare Map which acts as the methodological core of the project: the Welfare Map is a conceptual and measurement framework that classifies AI system configurations by their consumer welfare implications across three stages of the food consumer journey, two welfare states of AI mediation (agency-augmenting and agency-eroding), and five theoretically specified moderators conditioning which state is realised. The project is implemented by a five-university Italian consortium (UNICT, UNIPA, UNIFG, UNINA, UNITO) across six work packages spanning 36 months. In particular, AIDA aims to achieve five strategic objectives, each corresponding to a core dimension of the Welfare Map: SO1 - Understand how AI shapes consumer agency and food-choice welfare; SO2 - Assess the role of AI in food preparation and dietary outcomes; SO3 - Identify manipulative AI effects and their welfare implications; SO4 - Map provider strategies and consumer welfare outcomes; SO5 - Translate welfare evidence into governance and policy recommendations. By integrating experimental economics, consumer behaviour, synthetic audiences, neurophysiology, provider-side analysis, and policy evaluation, AIDA will deliver an empirically grounded framework for distinguishing welfare-enhancing from welfare-eroding AI in food consumer environments. Its expected contribution is twofold: scientifically, it will produce causal and distributional evidence on the welfare effects of AI-mediated food decisions; institutionally, then it will provide regulators, firms, and civil society with operational criteria to govern AI systems in ways that protect consumer agency, improve dietary outcomes, and support food-system sustainability.



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**Stato** INVIATA  
**Proponente** D'AMICO, Mario  
**Struttura proponente** DI3A  
**Ambito** NAZIONALE  
**Ente finanziatore** mur  
**Bando di riferimento** PRIN 2026

**Dati economici**

**Costo complessivo** € 1.683.049  
**Finanziamento complessivo atteso** € 1.125.774  
**Finanziamento previsto UNICT** € 341.963  
**Cofinanziamento previsto UNICT** € 118.250

**Componenti (5)**

| # | Nominativo             | Ruolo            | Carriera** | Struttura | ERC | Ore* |
|---|------------------------|------------------|------------|-----------|-----|------|
| 1 | D'AMICO, Mario         | RESP_SCIENTIFICO | PO         | DI3A      | LS  | 500  |
| 2 | FARGETTA, GEORGIA      | COMPONENTE       | RD         | DMI       | PE  | 125  |
| 3 | LA VIA, Giovanni       | COMPONENTE       | PO         | DI3A      | LS  | 375  |
| 4 | PAPPALARDO, GIOACCHINO | COMPONENTE       | PO         | DI3A      | LS  | 375  |
| 5 | SPINA, DANIELA IVANA   | COMPONENTE       | RD         | DI3A      | LS  | 375  |

\* ore stimate

\*\* PO - Professore Ordinario; PA - Professore Associato; RD o RM - Ricercatore TD; RU - Ricercatore

**Distribuzione componenti per struttura**



■ DI3A: 4 (80%)  
■ DMI: 1 (20%)